

New Patient History

Patient Name _____ Date: _____

Reason for Visit: Annual Exam Problem Visit (circle one)

If Problem Visit, Please explain: _____

Social History:

Current Tobacco Use: Yes No Packs/day: _____ Year started: _____
Former Tobacco use Yes No Packs/day _____ Year Started: _____ Year Stopped: _____
Alcohol: Yes No Drinks per week: _____
Exercise: Yes No Times/week: _____ Type of exercise: _____
Marital Status: Single Married Divorced Widowed

Medical History:

Primary Care Physician _____

Other treating Physicians _____ For: _____
_____ For: _____
_____ For: _____

Medical Illnesses: (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> High Cholesterol |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Depression / Anxiety |
| <input type="checkbox"/> Psychiatric Disorder | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Arthritis |

List any other medical issues: _____

Menstrual History:

Date your last menstrual period started: _____
Menopausal: Yes or No (circle one) If Yes, age of onset: _____
Have you had a Hysterectomy: Yes or No (circle one) If Yes, please give date? _____ Reason? _____
How often does your menstrual cycle start? Every _____ Days or Weeks (circle one)
How many days do you normally bleed? _____
Pad/Tampon changes per day of cycle: 4/day 6/day 8/day other _____
Do you experience cramps? Yes No Mild Moderate Severe
Do you take anything for cramps? Yes No What do you take? _____

Date of last pap smear: _____
Do you have a history of abnormal pap smears? Yes No Date: _____

Treatment _____

Do you have a history of Herpes v Gonorrhea ξ Chlamydia ξ Genital Warts ξ other STD's ξ
Date of onset _____

Contraception: Are you trying to conceive? Yes No
Are you currently using a method of contraception? Yes No

Please **circle** all that apply:

- | | | | | | | |
|-------------------------------------|-------------------------------------|------------------------------------|--|--------------------------------|--------|-----------|
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Withdrawal | <input type="checkbox"/> Condoms | <input type="checkbox"/> Birth Control Pills | <input type="checkbox"/> Patch | Essure | Rhythm |
| <input type="checkbox"/> Injectable | <input type="checkbox"/> IUD | <input type="checkbox"/> Vasectomy | <input type="checkbox"/> Tubal Ligation | Nuva Ring | | Nexplanon |

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Other:

Do you perform self breast exams monthly? Yes No occasionally

Have you had a mammogram? Yes No

Date of last mammogram _____

Have you had a tetanus or TDAP booster in the last 10 years? Yes No Do you want one today? Yes No

Have you ever had a bone density? Yes No

Date _____ Results _____

Have you ever had a colonoscopy or Cologuard?: (circle one) Yes No

Date of last test? _____ Recommended Repeat Date: _____

Pregnancy History:

Total Pregnancies: _____ Full Term: _____ Premature: _____ Miscarriages: _____ Abortions _____

Date	Type of Delivery	Name of Child	Boy/Girl	Weight	Wks Gestation	Complications

Surgical History:

Please List any surgical procedures that you have had in the past:

Date	Operation	Physician	Complications

Please list any other hospitalizations or injuries and the date of each:

Surgery/Hospitalization: _____ Date: _____

Surgery/Hospitalization: _____ Date: _____

Medications:

Please list all current medications & dosages (Prescription, Non-Prescription, Vitamins or Supplements including calcium or herbal supplements) If you need additional space, please use the back of this form and check here

Medication: _____ Dosage: _____

Medication: _____ Dosage: _____

Medication: _____ Dosage: _____

Medication: _____ Dosage: _____

Medication: _____ Dosage: _____

Medication: _____ Dosage: _____

Allergies:

Please list all allergies to medications, food or latex along with your reaction, or circle NONE KNOWN

Allergic to: _____ Reaction: _____

Allergic to: _____ Reaction: _____

Allergic to: _____ Reaction: _____

Allergic to: _____ Reaction: _____

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